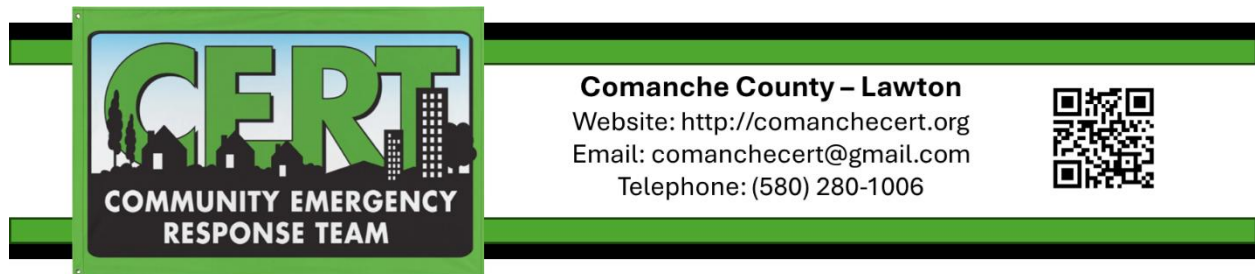


Emergency Preparedness

2026 Calendar



ARE YOU PREPARED FOR:

Tornados | Fires | Power Outage | Terrorism | Cyber Attack | Winter Storm | Nuclear Explosion |
Extreme Heat | Thunderstorm | Lightning | Hail | Active Shooter

Comanche County – Lawton CERT

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January 2026

Resolve to be Ready!

Preparing for a disaster or emergency may be easier than you think. Begin by taking small monthly steps to help you, your family, and your pets be ready when a disaster strikes. Stay Kits will provide essentials for two weeks after a disaster when you remain home, and stores may be inaccessible. Designate a closet, cabinet, or other dry, cool area for storage. Go Bags, Pet Kits, and Car Kits provide 48 hours of essentials if you and your family need to leave quickly. Let's start building your Kits!

ACTION ITEMS for January.

1. Resolve to be ready with Stay Kits and Go Bags. Start building yours now.
2. Make a family emergency plan and include a reunification plan. Discuss a family home evacuation plan and practice a fire drill. Establish and review assembly points.
3. Check emergency plans at your work and your child's school. Establish out-of-state family contact.
4. Sign up for preparedness training classes this year - **CERT** can help!

Stay Kit **HARDWARE LIST (1 of 4)** Stay Kit **GROCERY LIST (1 of 11)**

- adjustable crescent wrench
- duct tape
- bungee cords
- extra phone charger, personal computer charger & cords
- eight gallons of water (plastic containers should be replaced every six months)
- four large (32oz) sports drinks
- Hand-operated can opener
- instant coffee, tea, etc.
- pet food and supplies for one week

The Preparedness Calendar is for a family of 4 and 1 pet. - adjust to your needs.

Items to Install in January and February

- ✓ strapping for water heater
- ✓ safety latches for cupboards
- ✓ smoke/CO detectors and batteries
- ✓ "Quake Hold" to secure figurines, vases
- ✓ L-brackets to secure furniture to walls
- ✓ hook-and-loop or other fasteners to secure movable objects

ACTION GOAL for the year

Comanche County warns that water systems may be compromised for 3-7 days after a disaster and recommends storing a 3-7 day water supply. CERT recommends storing at least 1 gallon per person per day, plus more for pets, for a 30-day water supply. This calendar plan recommends adding, rotating, and replacing water every six months.

February 2026

Love Your Life!

Show your home and your family some preparedness love this month. A few steps can help secure your home and prevent more serious problems during a disaster. Let's continue to work on your Stay Kit this month and complete some simple safety tasks.

ACTION ITEMS for February.

1. Build a first-aid kit for your Stay Kit.
2. Strap your water heater - top and bottom - to secure wall studs.
3. Install smoke/ Carbon Monoxide (CO) detectors.
4. Check around your home to ensure that heavy objects are secure and away from beds, couches, and children's play areas.

Stay Kit GROCERY LIST (2 of 11)

- eight gallons of water (plastic containers should be replaced every six months)
- four 16-oz cans of fruit
- four 13-oz cans of ready-to-eat meat
- two 14.5-oz cans of vegetables
- family-size box of crackers
- special-needs food for two weeks
- four large (32oz) sports drinks
- Infant/baby food and supplies for two weeks
- toothpaste
- jar of nut butter
- extra reading glasses
- personal toiletry items
- two 20-oz cans of ready-to-eat soup
- permanent marking pens
- four 8-packs of 12-fl oz cans
- flavored water

The Preparedness Calendar is for a family of 4 and 1 pet. - adjust to your needs.

DRUG STORE

First-Aid Stay Kit

- aspirin/acetaminophen
- cold compresses
- rolls of gauze
- first aid tape
- adhesive bandages
- thermometer
- tweezers
- antiseptic
- scissors
- all medications needed for 2-4 weeks
- hand sanitizer/wipes

March 2026

It's Not Luck!

It's not luck – It's being prepared! Understand the risks your community may face, and prepare now. There are many benefits to preparedness, the most important of which is staying safe and having the tools and resources you and your family will need to recover.

ACTION ITEMS for March.

1. Know your risks: Earthquake. Fire. Flood. Mobility.
2. Do you have renters' or homeowners' insurance? Does your current policy cover your current situation?
3. Review/Refine your emergency plans.
4. Make it a habit to fill your car's gas tank when it reaches half-full.
Gas stations may be inaccessible after a disaster.?

Stay Kit GROCERY LIST (3 of 11)

- eight gallons of water
Plastic containers should be replaced every six months
- four 20-oz cans of ready-to-eat soup
- liquid dish soap
- unscented liquid bleach
- heavy-duty garbage bags
- saline solution and contact case
- four large (32oz) sports drinks
- sizeable plastic food bags
- one box of 12 energy/protein bars
- four rolls of paper towels
- sunscreen
- two 16-oz cans of ready-to-eat beans
- four 8-packs of 12-fl oz cans of flavored water

Stay Kit HOME LIST (2 of 4)

- portable AM/FM radio and extra batteries
- blanket or sleeping bag for each family member
- portable waterproof plastic container for paper documents and mementos
- battery-powered camping lantern and extra batteries
- extra battery backup for the phone
- large tarp
- camp stove, cook pot, and fuel

The Preparedness Calendar is for a family of 4 and 1 pet. - adjust to your needs.

April 2026

Get Emergency Alerts

Register to receive voice, text, and email alerts free of charge from several agencies—Bookmark reliable websites for timely and accurate local information. Many apps are free and provide emergency alerts.

ACTION ITEMS for April.

1. Sign up for the emergency notifications at (<http://tinyurl.com/ReGroupSignup>).
2. Check your emergency portable radio. Set the tuner to KCCU-FM (89.3).
3. Check your emergency portable radio. Set the tuner to KBZQ-FM (99.5).
4. Check your emergency portable radio. Set the tuner to KMGZ-FM (105.5)

Stay Kit GROCERY LIST (4 of 11)

- eight gallons of water
- four 16-oz cans of fruit
- four 13-oz cans of ready-to-eat meat
- four 14.5-oz cans vegetables
- paper plates
- quick energy snacks
- eating utensils
- paper cups
- four large (32oz) sports drinks
- four 20-oz cans of ready-to-eat soup
- four 8-packs of 12-fl oz cans of flavored water

Stay Kit HARDWARE LIST (3 of 4)

- extra batteries
- whistle
- masking tape
- ABC fire extinguisher
- hammer
- pliers
- vice grips
- assorted nails, wood screws, and
- the correct tools to use them

The Preparedness Calendar is for a family of 4 and 1 pet. - adjust to your needs.

The Comanche County Emergency Management (CCEM) can alert residents and businesses in Lawton and surrounding areas that are affected by, or at risk of, an emergency.

May 2026

Wildlife Preparedness Month

Forest fires threaten homes and property each year due to combustible debris and vegetation. Property owners are responsible for managing their vegetation to meet Fire District requirements.

ACTION ITEMS for May.

1. Identify two alternative routes out of your neighborhood. Practice traveling with them.
2. Assess your home's defensible space. Rake, sweep, and remove combustible fuel from your surroundings.
3. Clear debris around your house, roof, outbuildings, under decks, and stairs.
4. Check your wood piles. They should NOT be within 30 feet of your home.
5. Can your home's address be seen clearly from the street, day and night?

Stay Kit GROCERY LIST (5 of 11)

- eight gallons of water
Plastic containers should be replaced every six months
- plastic containers should be replaced every six months
- quick energy snacks, trail mix, etc.
- family size cereal
- safety pins
- four large (32-oz) sports drinks
- four 20-oz cans of ready-to-eat soup
- heavy-duty garbage bags
- facial tissue
- family-sized box of graham crackers
- eight 8-packs of 12-fl oz cans of flavored water
- assorted plastic containers with lids

Stay Kit HARDWARE LIST (3 of 4)

- two flashlights with batteries
- extra batteries (Store with silica packs in a plastic bag. Check 2x/yr. for corrosion.)
- camping or utility knife
- purchase an emergency escape ladder for second-story bedrooms
- crowbar or pry-bar
- 30' paracord, clothesline, or heavier rope
- N95 masks
- flash drives

The Preparedness Calendar is for a family of 4 and 1 pet. - adjust to your needs.

June 2026

Pet Awareness Month

Pets are important family members, too, and their needs should be considered in your family's emergency plans. This month, we encourage you to build a Go-Bag for your pet. A little preparation now will avoid stress and critical delays during emergencies or disasters.

ACTION ITEMS for June.

1. Build your Pet's Go Bag. Don't have a pet? Check with a family member or neighbor who does.
2. Check your Stay Kit for pet supplies.
3. Place a Pet Alert sign by your entry door.
4. Keep an Emergency Pet Wallet Card in your wallet.
5. Practice putting your pet in a carrier.

Stay Kit GROCERY LIST (6 of 11)

- 8 gallons of water
Plastic containers should be replaced every six months
- four rolls of paper towels
- four large (32-oz) sports drinks
- large plastic food and storage bags
- plastic wrap and aluminum foil
- eight 20-oz cans of ready-to-eat soup
- pet food and supplies for two weeks
- eight 8-packs of 12-fl oz canned flavored water

Stay Kit HARDWARE LIST (4 of 4)

- GMRS/FRS battery-operated radio for each family member and extra batteries. Practice using your radios!
- utility shut-off tool
- heavy work gloves
- screwdriver
- multi-tool
- portable charger for phone/laptop. Charge it!
- safety goggles

The Preparedness Calendar is for a family of 4 and 1 pet. - adjust to your needs.

WHAT'S IN A PET GO-BAG?

- ✓ pet carrier
- ✓ water
- ✓ bowl
- ✓ toys
- ✓ medications
- ✓ contact info of the vet
- ✓ current photos of your pet with you/your family

- ✓ leash/halter/harness
- ✓ blanket
- ✓ 3–7-day supply of food
- ✓ waste disposal bags
- ✓ vaccine records
- ✓ pet ID chip info
- ✓ pet first-aid kit

Adjust for your pet's specific needs

Summer Pet Safety TIPS

1. Fireworks. Loud sounds can frighten! Provide a safe, secure, and quiet place for pets.
2. Sun & heat. Look for signs of overheating and thirst. Always provide water.
3. Hot cars. Do not leave your pet in the car – even for a few minutes.

Familiarize yourself with how to shut off your power and water. After a disaster, you may need to turn off your gas supply if utility professionals are overwhelmed. Suppose you see a power line down in your area. NEVER TOUCH IT. Call 9-1-1. If you smell gas (rotten egg smell), leave the area immediately and call 9-1-1. Always call PSO at 1-833-776-7697 to restore your power and Summit Utilities at 1-866-275-5265 to restore your gas.

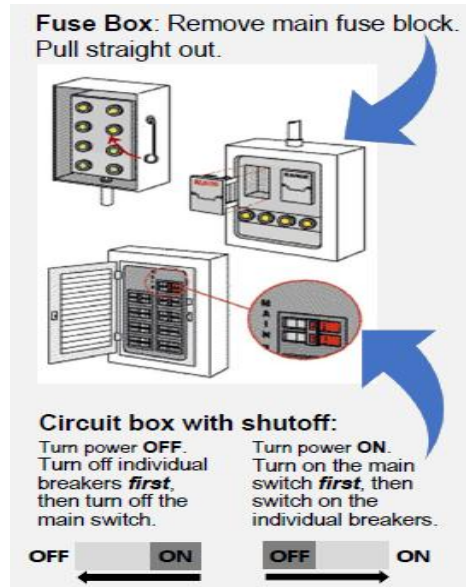
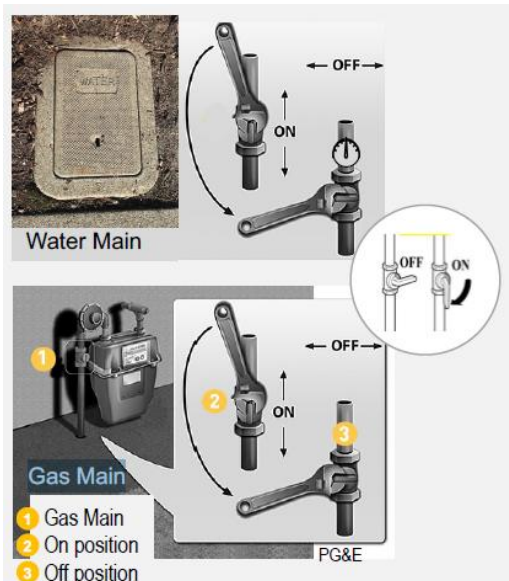
ACTION ITEMS for June.

Familiarize yourself and your family with:

1. Water Service shut off.
2. Gas Service shut off.
3. Electrical Service shut off.

Stay Kit GROCERY LIST (7 of 11)

- four 20-oz cans of ready-to-eat soup
- four 16-oz cans of ready-to-eat beans
- four 16-oz cans of fruit
- four 13-oz cans of ready-to-eat meat
- four 14.5-oz cans vegetables



REMINDERS

- ✓ Check batteries in all smoke and CO detectors. Perform a test on each one to ensure they all work.
- ✓ Check your battery cache – replace or replenish. Store with silica bags.
- ✓ Replenish your first-aid kit.

August 2026

Digital Preparedness

Rebuilding your life after a disaster will be stressful and challenging. Personal financial, insurance, medical, and other records are crucial for starting the recovery process quickly and efficiently. Take steps now to prepare for your recovery.

ACTION ITEMS for August.

Copy all items to a flash drive and upload them to the cloud. Put the flash drive on your key ring, in your Go Bag, or ask someone outside your trusted area to hold it in an emergency. Perhaps all three?

1. Gather and scan your financial and legal records (or save the digital files). Examples include mortgage payments, bank records, retirement accounts, estate planning, tax documents, and house and auto titles.
2. Collect your personal and medical papers (pet info, too!). Examples: driver's licenses, Social Security cards, passports, birth certificates, military IDs, pet tags, lists of medications, marriage/divorce papers, etc. Scan and save.
3. Gather your insurance and household documents—examples: residence address and list of occupants, mailing address, employment information, and insurance policies. Scan and save digital files.
4. Prepare and save a list of all contacts, including out-of-state ones. Examples: Names and contact info of children, spouses, family, and out-of-state contacts. Photos of you, your spouse, family, and pets. Keep a paper printout of your contacts in your Stay Kit and Go Bag.

Stay Kit GROCERY LIST (8 of 11)

- eight 16-oz cans of fruit
- eight 13-oz cans of ready-to-eat meat
- eight 14.5-oz cans of vegetables
- eight 20-oz cans of ready-to-eat soup
- four 16-oz cans of ready-to-eat beans
- four cartons of 8-pack (12-fl oz cans) flavored water

The Preparedness Calendar is for a family of 4 and 1 pet. - adjust to your needs.

September 2026

Preparedness Month

National Preparedness Month is an observance held each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. This month, let's build your Go Bag so you are ready!

ACTION ITEMS for September.

1. Talk with family about emergency, evacuation, and reunification plans.
2. Involve your family in preparing your Go Bags: A Go Bag should have supplies for at least 48 hours; use a backpack or duffle bag. Store your bags in an easily accessible place.
3. Have extra water in your vehicles.

Go Bag List

- list of emergency contacts – include your out-of-state contact
- important papers, etc. Keep papers in the waterproof pouch or on a flash drive
- warm weather-resistant jacket
- pair of sturdy shoes and warm socks
- energy bars, trail mix, jerky, etc.
- phone charger and cord
- money in small denominations: \$1s, \$5s, \$10s.
- a hat and gloves
- long sleeve shirt.

FIRST AID KIT

- aspirin/acetaminophen
- adhesive bandages
- medications needed for 2-4 weeks
- hand sanitizer & disinfecting wipes
- roller bandages
- tweezers

What items to grab and go

- ✓ personal computer, cord/charger
- ✓ FMS radios and extra batteries
- ✓ your pet's Go Bag
- ✓ portable charger – keep it charged!
- ✓ your keys, wallet, and cell phone

Stay Kit 'Camp-at-Home' LIST

- long pants
 - a knife/multi-tool
 - a lighter or waterproof matches
 - extra house and car keys
 - water (store extra in your vehicles)
 - small flashlight, extra batteries
 - emergency blankets
 - first-aid kit
 - books, stuffed toys for children
 - battery-powered AM/FM radio and extra batteries
 - whistle
-
- exam gloves
 - cold compress
 - absorbent dressing
 - antiseptic ointment
 - personal toiletry items

October 2026

Earthquake Preparedness Month

National Preparedness Month is an observance held each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. This month, let's build your Go Bag so you are ready!

ACTION ITEMS for October.

1. Practice Drop, Cover, and Hold On! Practice with your household.
2. Identify safe spots in every room – such as desks or tables.
3. Secure your space! Using tips from Earthquake Country.org. Secure bookcases, TVs, artwork, top-heavy items, and smaller items with museum wax or Quake Hold.
4. Participate in National Shake Out Day – the third Thursday in October.

Stay Kit GROCERY LIST (9 of 11)

- eight 16-oz cans of fruit
- eight 13-oz cans of ready-to-eat meat
- eight 14.5-oz cans of vegetables
- eight 20-oz cans of ready-to-eat soup
- four 16-oz cans of ready-to-eat beans
- eight 16-oz cans of ready-to-eat beans

The Preparedness Calendar is for a family of 4 and 1 pet. - adjust to your needs.

REMINDERS

Offshore winds happen in the Fall and Winter in Oklahoma. Be alert to Red Flag Warnings. A Red Flag Warning means warm temperatures, very low humidity, and stronger winds are expected to combine to increase the risk of fire danger. Check your Go Bags now. Stay alert. Stay safe.



November 2026

Holiday Safety

If you plan to travel during the holidays, check weather forecasts, avoid driving in bad weather, and have your Emergency Car Kit. Also, when cooking, be mindful of fire risks.

ACTION ITEMS for November.

1. Prepare an Emergency Car Kit.
2. Check expiration dates on your perishable items and replenish your food cache.
3. Test your smoke alarms and review your home fire escape plan.
4. Practice safe kitchen habits: Stay in the kitchen when using the stovetop. Use timers to remind you of cooking times for the oven and stovetop. Never use water to put out a cooking fire. Cover the area, use an extinguisher, or use baking soda to put out a fire.

Stay Kit GROCERY LIST (10 of 11)

- four 16-oz cans of fruit
- four 13-oz cans of ready-to-eat meat
- four 14.5-oz cans of vegetables
- four 20-oz cans of ready-to-eat soup
- four 16-oz cans of ready-to-eat beans

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EMERGENCY KIT FOR YOUR CAR

In addition to the items you used to build your Go Bag, add these:

- Flares, blinking safety lights, or reflective triangle
- Cat litter or sand for better traction in snow and ice
- Jumper cables or portable battery pack
- Car cell phone charger
- Maps
- Blanket
- Ice scrap

December 2026

Be Merry and Safe

Winter holidays are fun in our communities, but may pose additional risks. A few simple tips will help us all have a safe holiday season.

ACTION ITEMS for December.

1. Put a fire extinguisher in your kitchen.
2. Build a support network. Please talk with your neighbors about their needs and yours.
3. Discuss disaster plans with household members, family, and caregivers. If you or a household member has special needs, plan for skilled helpers to assist with evacuations.
4. Share keys with trusted friends to rescue your pets.

Stay Kit GROCERY LIST (11 of 11)

- four 16-oz cans of fruit
- four 13-oz cans of ready-to-eat meat
- four 14.5-oz cans of vegetables
- four 20-oz cans of ready-to-eat soup
- four 16-oz cans of ready-to-eat beans

The Preparedness Calendar is for a family of 4 and 1 pet. - adjust to your needs.

- ✓ Choose decorations that are flame-resistant or flame-retardant. CERT Basic Training
- ✓ Replace any string of lights with worn cords. Check for indoor or outdoor use.
- ✓ Make sure that indoor holiday trees do not block exits and are at least three feet from any heat sources such as fireplaces, radiators, space heaters, candles, or vents.
- ✓ Ask smokers to smoke outside.
- ✓ Keep matches and lit candles away from children and pets.
- ✓ Use clips, not nails, to hang cords so the cords do not get damaged.
- ✓ Always sleep with your bedroom door closed. This simple act may buy you and your household time to escape a fire.

In less than 30 seconds, a small flame can turn into a significant fire. “Today, with the prevalence of synthetic materials in the home, occupants have roughly 2 to 3 minutes to get out. Plan— what are your escape routes out of your home? Practice using them.